

# **Guitar Note Reading Course for Beginners**

By Theo Elsey

### **BOOK ONE**

PART ONE

Eight Natural Notes in the First Position

### LIST OF MUSIC TITLES

SET ONE

Two String Melody (Versions 1 and 2)

Tandem Ride

Study in A Minor

Hot Cross Buns

London Bridge

Jingle Bells

Good King Wenceslas

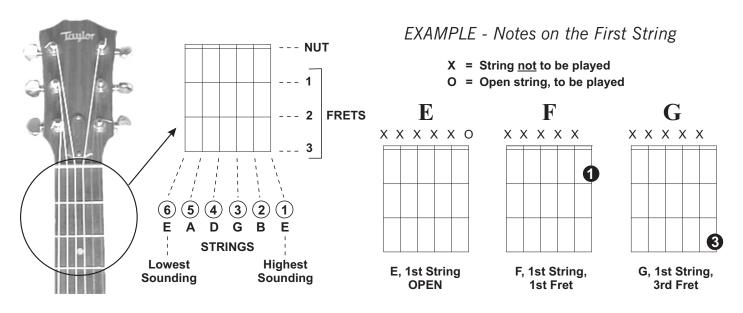
Website: www.fretbow.co.uk Blogspot: https://fretbow.blogspot.com/

Youtube: https://www.youtube.com/fretbow

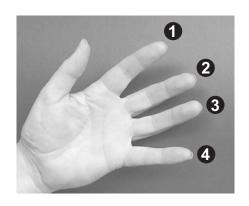
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# Left Hand Fingering - Reading Note Fingering Diagrams



The lowest sounding strings 6, 5 and 4 are referred to as **BASS STRINGS**, whilst the highest sounding strings 3, 2 and 1 are called **TREBLE STRINGS**.

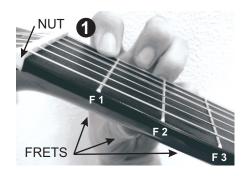


- 1st. Finger
- 2 2nd. Finger
- 3 3rd. Finger
- 4 4th. Finger

#### Left Hand Fingering Rule

The music in this edition uses notes that are all in the First Position. When playing in this position there is an easy rule to remember:

Finger Number = Fret Number



F - 1st. string, 1st fret.



A - 3rd. string, 2nd fret.



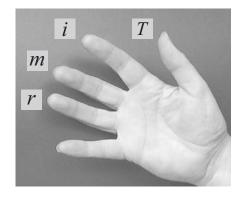
G - 1st. string, 3rd fret.

The correct position for the thumb is important, it should be placed centrally behind the neck as shown in the examples above. Failing to do this will mean that the fingers will more than likely slant over and touch adjacent strings. Arch your fingers close to a right angle to the fretboard (upright). In the illustration to the right everything is wrong! The thumb is too high, and the fingers are slouching and too far back from the frets. Fingers should be set just to the left side of the frets.



# Right Hand Fingering

#### Right Hand Fingers



### English Spanish

T = Thumb p = Pulgar

i = Index i = Indice

m = Middle m = Medio

 $\cdot = \text{Ring}$  a = Anular

#### Thumb



### Index Finger



#### **Supporting Thumb**



#### Thumb

Using the right hand thumb to pick out the strings for many comes naturally. If this is you too, then go for it! Play the strings by approaching them in a **Downward** direction. Should you be a beginning guitarist, then you are unlikely to know which style/method of playing you will be most suited to. Playing the music with your thumb for instance would be a good choice if you are likely to progress to rock guitar, using the thumb is just a step away from gripping a pick or plectrum as used by most electric players. If however, you are interested in the finger-picking styles favoured by many Acoustic and Spanish/Classical guitarists then you will need to learn how to play using your right hand fingers in addition to the thumb.

### Index Finger

A good starting point for learning finger-style is by introducing one finger at a time starting with the right hand index finger. All the music found in this e-book can be played by using just the index finger. Strike any string by pulling the index finger towards you in an **Upward** direction.

### **Supporting Thumb**

When playing music with the index finger consider resting your thumb on a bass string, ideally the 6th string would be best. The thumb won't at this stage sound a string, it's just parked there in silence! The advantage of this is in helping to steady the hand as you play on the treble strings with your index finger. A good right hand position in finger-style is to hold the wrist fairly high with the hand bending down from the wrist, so that your forearm, wrist and hand form a curved line, similar to that of a swan's head and neck. The resting thumb can stand a little upright, this will help you to hold your hand in a higher position.

### Music Notation - Learning the Basics

Learning to read music is like learning a language, you can skim the surface or get into some very deep study! My intent here is to only show you what you need to know in order to learn, play and enjoy the music in this volume. Bite sized chunks of knowledge will soon build up to give you more in depth understanding in reading music. If you follow my course through I am confident that you will become proficient enough in reading to successfully study and play some amazing music. There are other methods of learning the guitar that bypass music reading altogether; however, if you learn to read music you can then translate that knowledge to other instruments, a clear advantage if you hope to play more than one instrument.

Music is written on a system of 5 lines called a Music Stave or Staff.

At the beginning of the stave a symbol is given called a clef.



Different clefs are used according to the instrument you play: low sounding instruments like the Bass Guitar and Double Bass will use a Bass Clef, whereas the guitar will use the Treble Clef, common to most melodic instruments.

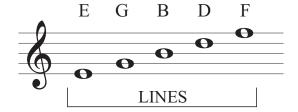
#### NOTE PITCH, LINES AND SPACES

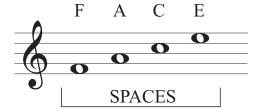
As you are already aware, music has a flow of sound that has both Ups and Downs. Every time you listen to a note change from lower to higher or higher to lower, then you're listening to a change in Pitch. The lowest sounding notes will be low on the stave and the highest notes high on the stave. A note is represented by an oval shaped head that can appear in a variety of ways, either as a single head or attached with a tail, here are a few examples:



Don't be concerned at this stage as to why some notes have tails and others not. Also, the direction of the tail makes no difference to the sound of the note, the only thing to watch for right now is the position of the note head.

Music notes are written on both the lines of the stave and the spaces between, they are identified and labelled by using the first 7 letters of the alphabet - A, B, C, D, E, F and G.





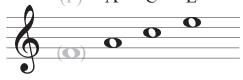
Here's the rhyme that most students learn for memorising the letter names on the lines:

### Every Good Boy Deserves Fun

As for notes in the spaces between lines, then it's made even easier for us as the letter names spell out the word **FACE**.

The lines and spaces from the previous page is a standard lesson taught to students who play all kinds of different instruments. The notes considered essential for the playing of one instrument might be different for another. This certainly is the case for the beginner guitarist as there's no need, at this stage, to use the line and space notes E and F. These two notes are on the 4th string, one of the guitar's bass strings. In this first book (Book One - Part One) we will be looking only at notes on the first three treble strings. The Lines and Spaces lesson will still be used but with some adaptation, our lowest starting notes for lines and spaces can now be revised to G and A respectively.





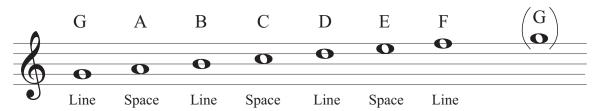
An updated memorable rhyme for notes on the Lines now gives us:

### Good Boys Deserve Fun

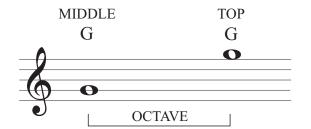
Notes in the spaces still spell out a word, this time it's . . . .

#### **ACE**

Finally, let's re-order the notes by taking one line and one space note at a time



Notice the addition of the extra G note. The spread of notes from Middle G to Top G is called an OCTAVE, 'oct' signifying 8 as in Octopus or Octagon. All 7 tunes in this book use only these 8 notes, you can learn how to play them from the table on the next page.

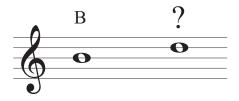


Note: The lowest sounding G note here is called Middle G and not Low G. All the notes in this book are restricted to the top three melody strings, the Low G on the guitar is a bass note on the 6th string and will be covered in a later book.

#### A TIP FOR EASY NOTE RECOGNITION

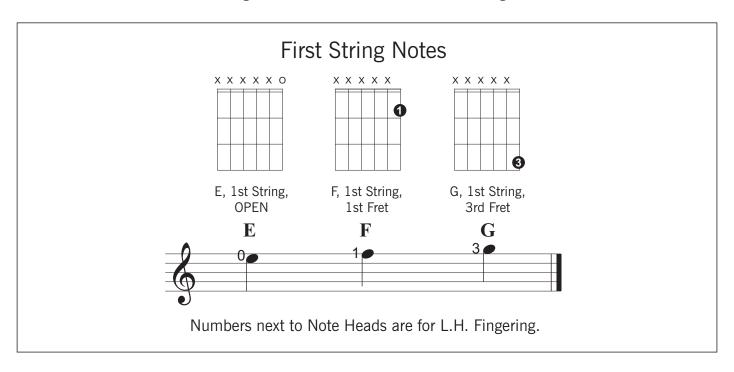
Learn the three open string notes first, G, B and E.

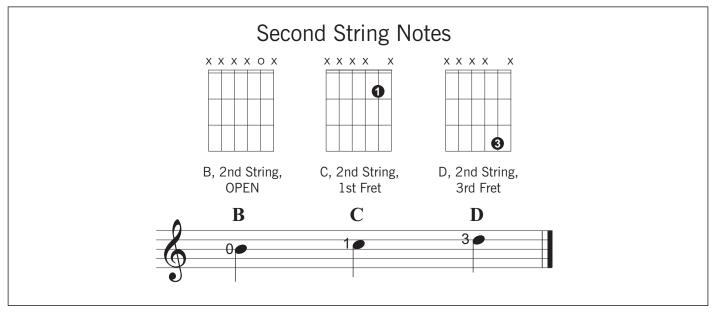
B is the most useful of these as it is on the middle line of the stave. Notes you are uncertain of can easily be worked out from any one of these open string notes.

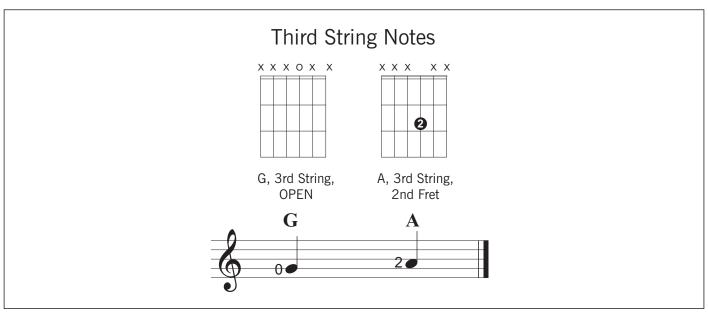


EXAMPLE: You know B, the next note is a line up with a space between, so we can count alphabetically line, space, line for B, C and D. The note one line up from B is D.

### Music Notation - Eight Natural Notes on Treble Strings 1 - 3



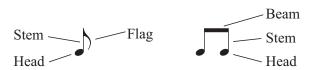




### Music Notation - Understanding Time Value of Notes, Beat and Measure

#### TIME VALUE OF NOTES

The time value of notes refers to the relative duration of time they have with each other. The length of a note is determined by it's shape of head and combination of components that make up the tail. Eighth Note/Quavers are good examples of this as can be seen below:



The names of these parts are often simplified into just two groups, Heads and Tails.

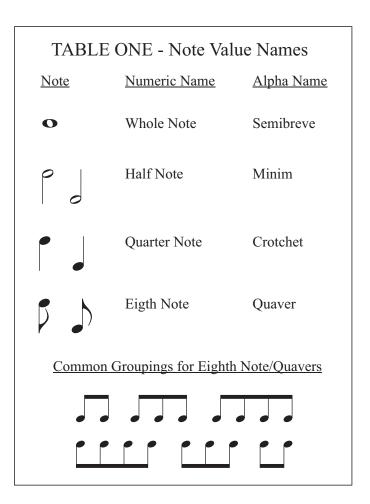
Example 1) Tail and Head

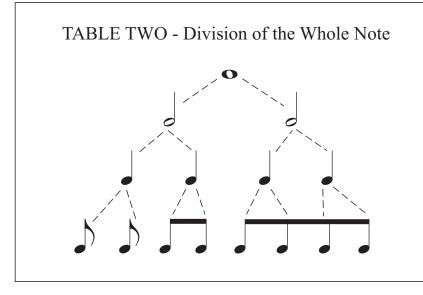
Tail
Head

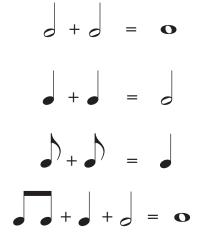
Head

Tail (Stem and Flag) and Head.







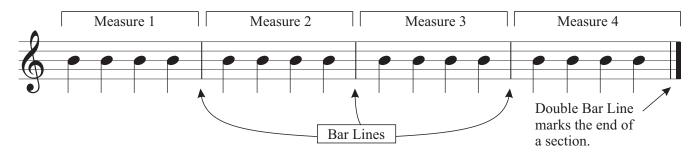


#### COUNTING THE BEAT

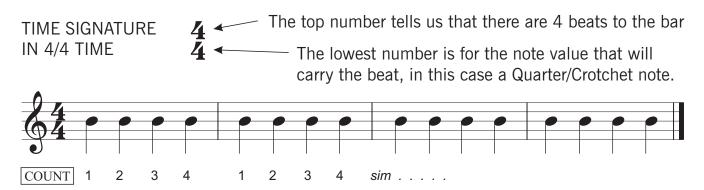
It is usual for beat to be continuous and of equal time. In this first example the beat is represented as a recurring Quarter Note/Crotchet. At a glance, can you tell how many beats there are? It's difficult to tell isn't it, and if you were to locate say the 12th beat, how quickly would you be able to find it?



Here we have the same number of beats as in the previous example but this time they are divided up into equal groups of four, these are called **Measures** or **Bars** and are clearly marked by a vertical dividing line called a Bar Line after every fourth beat. This makes it simpler to find your way around, now you will be able to locate the 12th beat easily!



Our next example is the same as above only this time a Time Signature has been added next to the Treble Clef. 4/4 is the time signature for playing in 4 time (4 beats to a bar).



#### OTHER TIME SIGNATURES

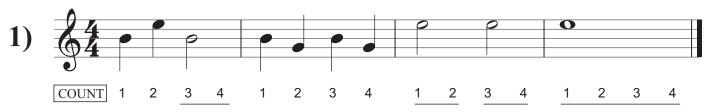
The majority of music presented here is all in 4/4 time, only two pieces are with different time signatures, they are Two String Melody (3/4 time) and London Bridge (2/4 time)

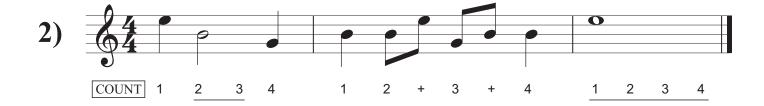


#### COUNTING BEAT ACROSS MIXED TIME VALUES

The following exercises will teach you how to count using the note values learnt so far. Notes that are directly on the beat have a single count number, longer duration notes lasting more than one beat show the total number of beats <u>underlined</u>. For notes shorter than a beat, then the and (+) sign is used, for instance, 1+2+ would describe the count for 4 quavers  $\square$  verbally this translates as: "One and Two and".

These next exercises will give you practise to either call out aloud or say in your head the count of the notes. You can also play them as a sight reading test, they use the three open treble string notes of G, B and E.





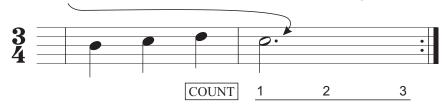
### DOTTED NOTES, TIED NOTES AND THE REPEAT SIGN

The exact duration of notes cannot always be achieved by using just the note types we have studied so far. There are two tunes in this collection that have need for a duration of note that is different. In each case it relates to the last note of each piece.

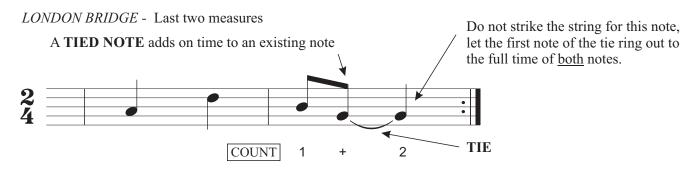
Let's look at Two String Melody first as this is the easiest piece in this book and most likely the first tune you will try. The music is in 3 time and the last note appears to be a Half Note (Minim) that lasts for two beats, but we want a note that lasts one beat longer to fill the measure. Look carefully and you will see a dot after the minim. **Dotted Notes** add on half the time again to an existing note, a dot can follow on from any note value, each time it will add on half the time of the note it is attached to.

#### TWO STRING MELODY - Last two measures

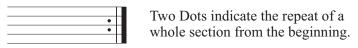
A **DOT** after a Half Note/Minim adds on half the time again (1 beat).



The last note for London Bridge also needs extending. On this occasion we will use a **Tied Note**. A secondary note of the required value is added on, do not strike the string for this, just let the original note ring on for the total time of the two notes added together.



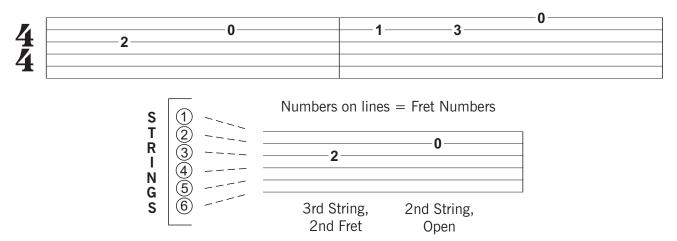
Last of all for this section let's look at the **Repeat Sign**. No doubt you have spotted it already in both the examples above. The two dots to the left side of the Double Bar Line instruct the player to return to the beginning and play the whole section one more time. For us that's the very start of the music.



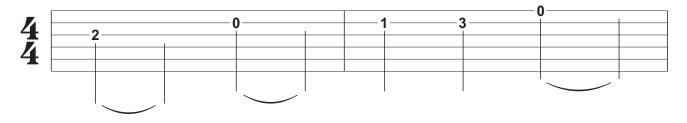
The shortest pieces in this book are of 8 measures or less, all are marked with a repeat sign. The longer pieces of 16 measures or more can finish without repeating.

### Guitar Tablature - An Easy Method for Finding Note Positions

The tablature system is a great way of finding notes fast, it gives you the most direct way of knowing which note comes next.

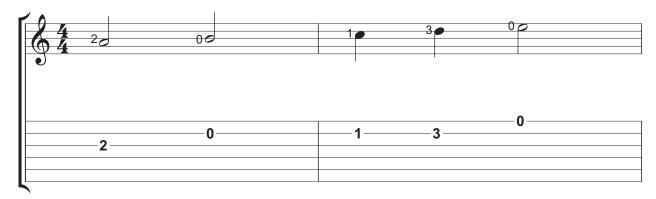


Tablature is great but it does have a few drawbacks. Firstly, trying to display left hand fingering against fret numbers just doesn't work, it's too confusing, I have tried using roman numerals instead but for me at least it really doesn't work. Secondly, the writing of time values is possible with some notes such as crotchets and quavers (1/4 and 8th notes) but it becomes a bit more difficult with the slower note values such as Minim and Semibreve (1/2 and whole note). One way to overcome this is by using tied notes and this is a method favoured by many who use the tablature system. Here is the same example from the top of the page written with time values adapted for tablature.



### Music Notation and Tablature Combined

STUDY IN A MINOR - First two measures



This example shows the combination of both the Music Notation and Tablature systems. It is essentially the same music written in two different ways. The rhythm of notes (time values) and left hand fingering is kept to the music notation at the top, and the quick reference to note positions is right there in the tablature section for when you need it.

# The Music List - Set One

All seven pieces of music in this section use only the 8 notes given in the introduction to this book. You can learn much about playing these tunes by simply watching and playing along with the videos. To access these click or tap on the tune's title, you will then be linked immediately to the video you have chosen. <u>Please Note</u>: In this first edition, only the pieces from the first list on Music Notation and Tablature have videos, there are no videos for the Music Notation section on sight/music reading (p.18-20).

#### The Music List - Set One - Music Notation and Tablature

Two String Melody - Version One (T.E.)	13
Two String Melody - Version Two (T.E.)	13
Tandem Ride - (T.E.)	14
Study in A Minor - (T.E.)	14
Hot Cross Buns - (Trad.)	15
London Bridge - (Trad.)	
Jingle Bells - (Trad.)	16
Good King Wenceslas - (Trad.)	17

#### The Music List - Set One - Music Notation

All 7 tunes as above set to music notation only.

These are to test you on your sight/music reading skills. \_\_\_\_\_ 18 - 20.

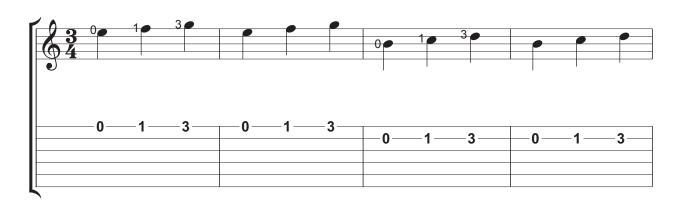
#### **About the Music**

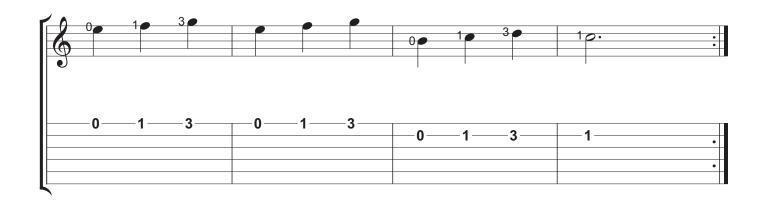
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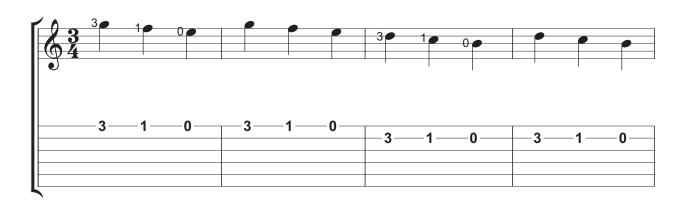
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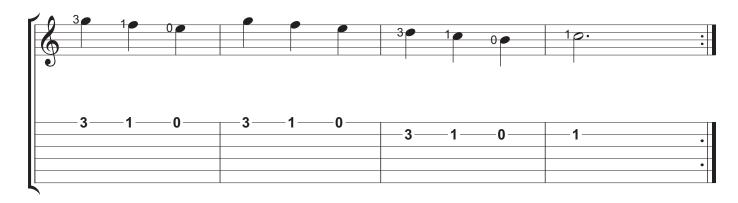
### Two String Melody - Version One



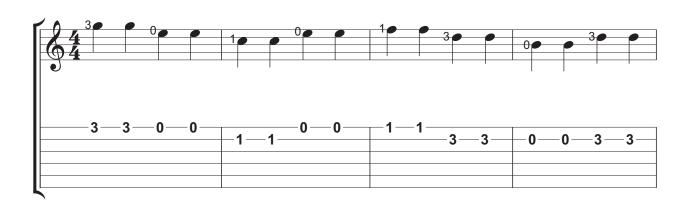


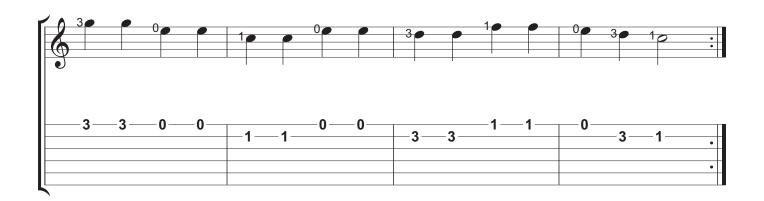
### Two String Melody - Version Two



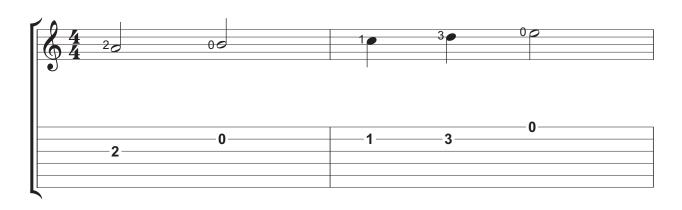


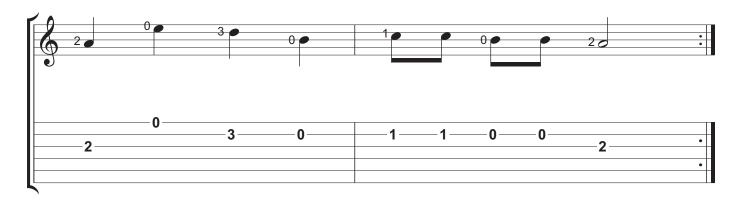
### Tandem Ride



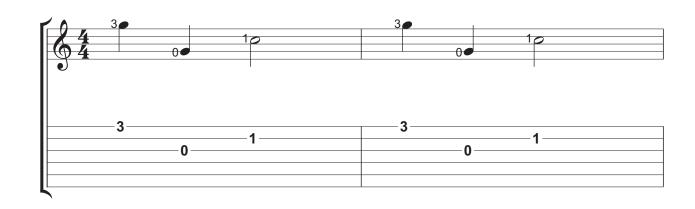


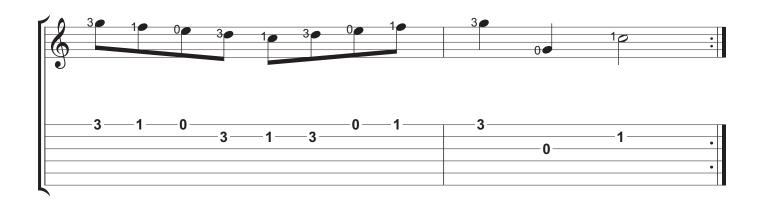
# Study in A Minor



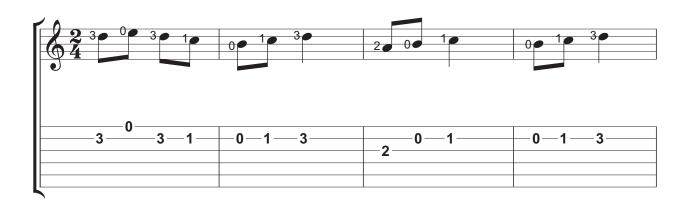


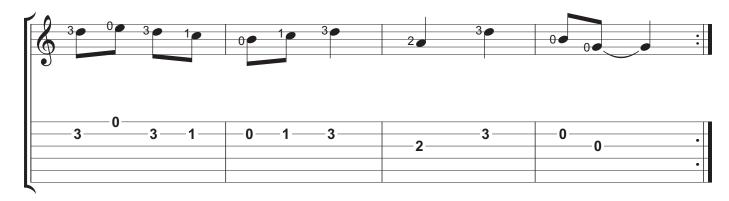
### Hot Cross Buns



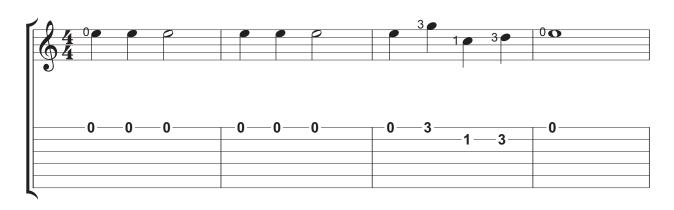


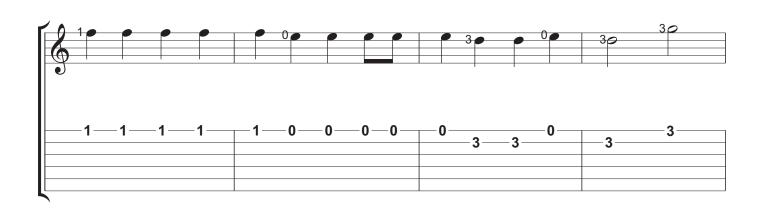
### London Bridge

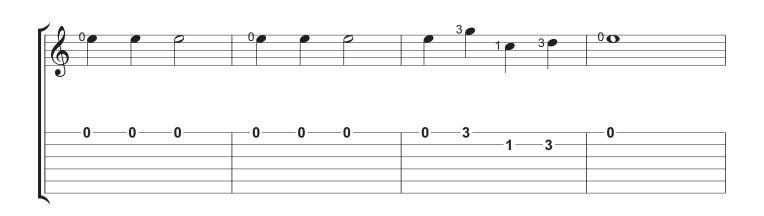


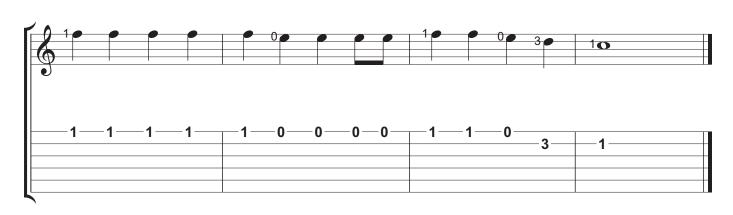


# Jingle Bells

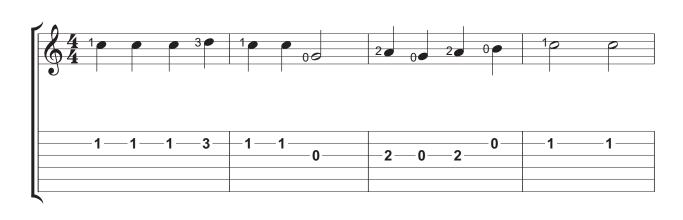


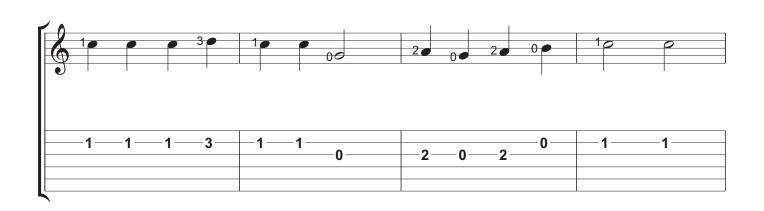


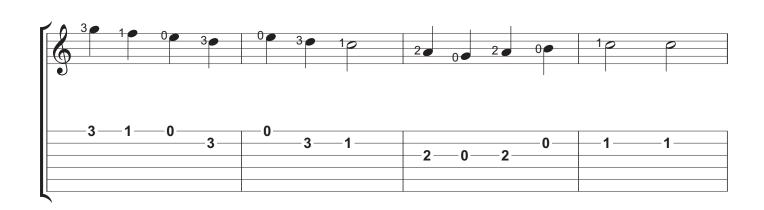


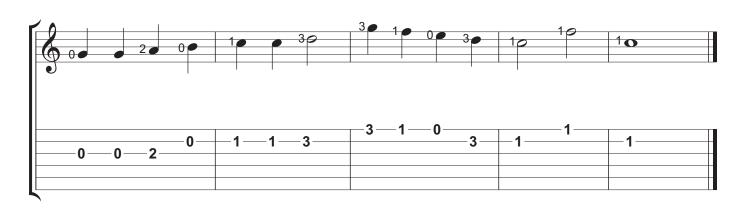


## Good King Wenceslas

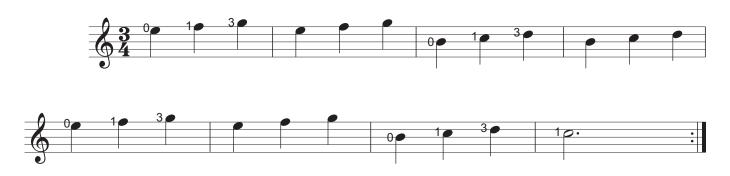




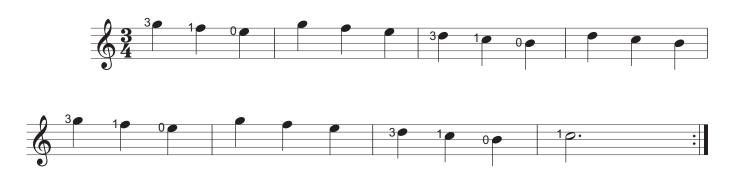




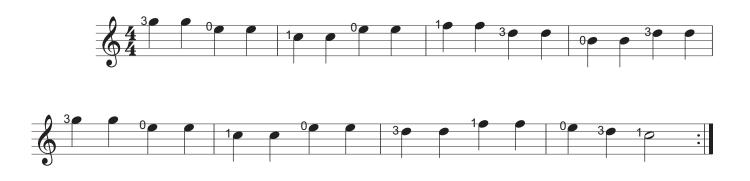
### Two String Melody - Version One



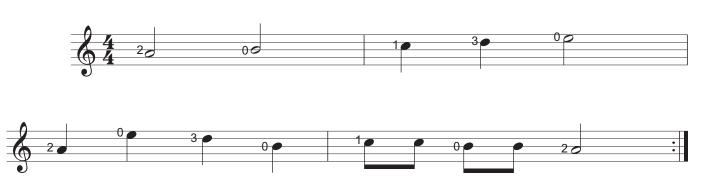
### Two String Melody - Version Two



### Tandem Ride



### Study in A Minor

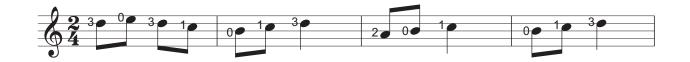


### Hot Cross Buns





### London Bridge





# Jingle Bells









## Good King Wenceslas



### **Moving Forward**

In order to progress to the next level do not feel that you have to play every single piece of music in this book, it really isn't necessary. Also, do not worry if you can't keep up with the videos when you try and play along, playing in time with the music is a skill, for some it comes easier than it does for others. Allow yourself time to improve and, do make sure you practise regularly!

If you have studied at least 4 out of the 7 tunes here then you have done well. Make sure that your choice of music includes as many note types as possible, don't stick to just the first two tunes where the music is only on the beat! There are some basic checks you can make concerning fingering: are you keeping your left hand fingers arched and positioned correctly behind the frets, and are you keeping to the Finger per Fret Rule?

Part 2 of this book will be a very gradual move forward from everything you have learnt in this first part to Fretbow's Guitar Note Reading Course for Beginners. In the second part of this book we will look at a further 7 pieces all of which use the same 8 Natural Notes. The final piece "The Victors Song" will introduce the sound of open bass notes as part of the melody. Progressing to the next stage in Right Hand Fingering, the Middle Finger will be added as an extra to the thumb and index finger you're already using. Finally, chords will be covered in their easiest form on the top three strings. If you are learning with a friend then you can enjoy playing different parts, one can play melody whilst the other plays chords.

Thank you so much for joining me in this first part of the course, wishing you well in all your playing, hoping you will join me again soon in Part Two.

Theo Elsey December 2024

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